



NCC LINKS Present: the Adult Dessert Contest

COMPETITION RULES

- Contest is open to Parents, Grandparents, 4-H Volunteers, Links, Alumni and Cooperative Extension Staff
- Bring a canned good for the Delaware Food Bank as your entry fee.
- Participants must do all preparation and the table setting portion of the contest on their own
- Dishes must be ready to serve upon arrival; heating and cooling cannot be done at the competition
- Recipe must be a DESSERT DISH ONLY
- Junior participants will serve as judges of the competition; scores are rated 1-5; 1 being the lowest and 5 being the highest scores
- Scores will be tallied at the end of the competition. The three highest scores will be named the winner and receive a small prize.

NCC LINKS
INVITES PARENTS
AND GUARDIANS
TO COME
JOIN THE
FUN

*Junior Participants
will get a chance to
Judge the Adults!!*



HELD IN CONJUNCTION
WITH THE ANNUAL
FAVORITE FOODS
COMPETITION

ADULT DESSERT CONTEST

SELECTING THE RECIPE

Select a recipe that involves an unusual ingredient, imaginative garnish or method of preparation instead of a basic recipe. For example, add orange extract or chopped nuts to a basic yellow cake to give a new flavor.

RECIPE WRITING

List all ingredients in order of use and then write out the instructions in order of preparation. You may want to number the directions to clarify when to do a step. Include cooking temperature and number of servings.

PLACE SETTING

The size 18" x 3' is approximate and tables may vary. You will set the place setting for one person. It will include only the food prepared for the contest. You are encouraged to add a centerpiece following a theme of your place setting, the food or whatever you choose. Refer to the information on table service on the next pages for further help.

Remember, neatness counts!

ADULT DESSERT CONTEST TABLE SERVICE

There always seems to be questions regarding table settings at the Favorite Foods Contest. Remember, **your place setting should be just for the course in which your entry falls.**

DESSERT CATEGORY

- If your entry is a pie or cake where a dessert plate is required, the only other piece of silverware might be a spoon for coffee or tea.
- If coffee is served, your dessert fork goes to the left of the dessert plate and your spoon to the right of the plate..

GLASSWARE

- There is nothing wrong with using just one glass...after all, isn't that what you usually use?
- If you have individual glasses for water and milk, they should be arranged as used.
- Place the water glass at the tip of the knife.
- If milk, iced tea, or other drinks are served, place them to the right of the water glass and a little nearer to the edge of the table.
- If coffee or tea is served with the main course, it is found to the right of the teaspoon with the handle parallel to the table edge. A water goblet may be at the same setting directly above the knife.

ADULT DESSERT CONTEST TABLE SERVICE

Since you will have a space of approximately 18" deep x 3' your table covering can be anything, You can use any material you'd like to simulate a table cloth, a place mat, a runner or nothing at all.

NAPKINS

- Traditionally napkins are found with the fold to the extreme left and placed at the left of the fork.
- It is also correct to fold a napkin into a triangle and have the point to the left.
- It is correct to place the napkin folded in a unique manner and placed above the plate on the table or even in an water glass.

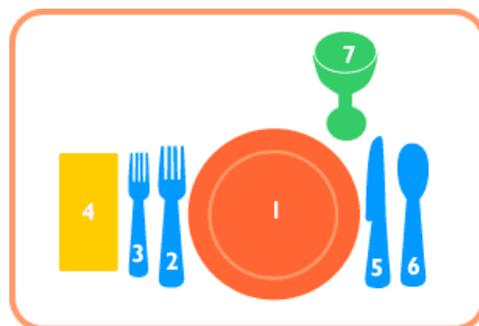
CENTERPIECES

Please do not go out and spend a fortune on fresh flower for a centerpiece. There are so many other, more interesting items which can be used. Your imagination should really go to work.

- One year a contestant used cut up vegetables which she made to look like flowers in a miniature water can.
- How about a milk carton candle?
- Maybe you have an interesting sea shell collection to use or a small piece of driftwood.
- Fruits, nuts, vegetables, dried flowers and leaves, a straw basket or interesting figurines all make fine centerpieces.
- One thing you should remember, never have anything in the center of the table which you cannot see over. You will certainly want to see the person opposite you!

REMEMBER

- Avoid clutter in your place setting...every item should have a use.
- Be prepared to answer any questions the junior judges might ask you about your menu, place setting, food or recipe during the judging, you want them to give you a "5"
- Do not go out and buy new dishes or table linens; use what is available at home or share within your club.
- Use originality and your imagination for the contest...your score will be higher.



**Adult Dessert Competition Saturday,
January 26, 2019
Registration Deadline: January 11,2019
Participation Fee: Bring a canned good**

LOCATION: George V. Kirk Middle School, 140 Brennen Drive Newark, DE

Return to:

NCC 4-H Office
461 Wyoming Rd.
Newark, DE 19716

Bring your canned good the day of the contest.

Name:

Club if Applicable:

Phone Number:

E-mail:

I am a: 4-H Volunteer [Link](#) Alumni Extension Employee Parent Grandparent

Recipe Title:

RETURN THIS WITH YOUR ENTRY FORM!!!!

RECIPE

Recipe Title:

- Be sure the amounts of ingredients are accurate!
- List ingredients first in order of use... then directions!
- Don't forget to include temperature and number of servings!
- **NEATNESS COUNTS!**