

**Fruit Pizza**

*Servings: 8*

**Ingredients**

*Crust:*

- 1 cup almonds
- 1/3 cup unsweetened shredded coconut
- 1 cup medjool or seedless dates
- Dash of salt
- ½ tsp. of vanilla extract
- A little bit of water if needed to help blend

*Lemon Frosting:*

- 1 8 oz package of low fat cream cheese
- 1/4 cup honey
- 1 Tbs lemon juice, from 1 lemon
- 1 tsp vanilla extract

*Topping:*

- 1-2 cups fruit cut into bite size pieces, for topping. Recommend toppings include: berries-- any kind!
- Kiwi, sliced grapes, diced mango, and pineapple are great, too! Avoid fruits that brown quickly, like pears, bananas and apples.

**Directions:**

*To make the crust:*

1. Pulse all ingredients together in a food processor until sticky crumbles form. Press firmly into the bottom and sides of a parchment-lined 9-inch cake pan or tart pan. To flatten try placing a piece parchment on top and press with a flat measuring cup.

*To make the frosting:*

2. Mix the cream cheese to soften.
3. Add the remaining ingredients and blend thoroughly.
4. Spread frosting on crust
5. Garnish with fruit of choice and return to the fridge for a couple of hours to firm up and keep

6. refrigerated until serving.
7. Use a pizza cutter to slice.

*\*Recipe Notes*

Store pizza tightly covered in the fridge. Should last 4-5 days, depending on the fruit you use. Berries are recommended-- any kind! Kiwi, sliced grapes, diced mango, and pineapple are great, too! Avoid fruits that brown quickly, like pears, bananas and apples.

**Nutrition Information based on 1 serving:**

Calories: 258	Total Fat: 14.5 g	Total Carbohydrate: 29 g	Dietary Fiber: 4 g
Protein: 6.5 g	Sodium: 176 mg	Calcium: 98 mg	Iron: 1 mg

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