



4-H Winter Workshops



Join us at the 4-H office and participate in some exciting workshops.

Winter Workshops are just like the classes you take at camp; you'll learn something new and have a finished project to take home with you.

All workshops are for youth age 8 and older unless otherwise noted.

Create your own Terrarium

Get your hands dirty and come learn about gardening. Youth will have an opportunity to create a terrarium during this workshop to take home. NCC Volunteers and Master Gardeners will be presenting this fun and hands-on workshop.

Forensics Frenzy

Have you ever found yourself wondering what really goes on in forensic labs in shows like CSI and Law and Order? Do you want to know how those scientists assist the police to figure out "Whodunit"? Join us for the Forensic Frenzy workshop at Delaware Tech in Stanton. Participants will have the opportunity to gain hands on experience with some of the same techniques used on the shows, and you will also learn and understand the science that makes it possible to gather the evidence needed to put the criminals behind bars! ***Workshop made possible through a partnership with Delaware Tech.**

Health Rocks!

Educators, 4-H youth, and leaders are invited to attend this workshop that will certify you as a trainer for the Health Rocks Program. Teaching this Health Living Curriculum will allow you to earn extra cash while developing your presentation skills, self-confidence, and leadership skills. Once you teach 10 lessons to the same group, a stipend of \$6.50 per person is paid to the training team. You may teach alone, with a partner and split the money, or with an adult such as your parent; 4-H will help you find places to teach!

*This workshop is open to parents and youth.

WILD for Wildlife Judging

Test your wildlife and environmental science know-how in this workshop! Participants will work in groups to learn about animal and plant species, engage in problem solving, and compete in a wildlife challenge.

Stamp Art – An introduction towards Junior Duck Stamp

Learn to create a nature-inspired work of art with an art instructor! Participants will design an artwork to promote waterfowl conservation and environmental science. The pictures prepared at this workshop can compete in the Delaware Junior Duck Stamp competition in March and can also be used as a Delaware State Fair entry this summer.

Upcycling made EASY!

Spring is around the corner, which means spring cleaning is too! During this workshop, participants will have an opportunity to make some fun and trendy functional decorations through the art of "up-cycling" or upgrading and recycling household items that may otherwise get thrown away during spring cleaning sessions.

CPR & First-Aid

Do you work with youth? Would you like to be CPR and First-Aid certified? Attend this three-hour workshop to learn how to properly administer CPR. At the conclusion of the workshop, you will receive an e-mailed certificate from the Red Cross.

"CHOPPED" Challenge

Calling all culinary artists! During this exciting workshop, youth will be teamed up with other participants to prepare a delicious dish. Face off against of teams and put your cooking knowledge to the test. UD Extension Educator Sarah Bercaw will lead this workshop, hosted at the UD Food and Nutrition Lab in Willard Hall. Each "Chopped" team will have their own cooking space and will receive a select amount of ingredients. Throughout the workshop, youth will also learn various cooking skills and practical application of these skills.

YES! I would like to attend the following Winter Workshops:

February 13

Stamp Art _____
9am-12pm
\$7.00

WILD for Wildlife Judging _____
1-4pm
FREE!

Forensics Frenzy _____
9am-1pm
FREE!

*This workshop will be held at the Delaware Tech Stanton Campus

February 20

Health Rocks! _____
9am-2pm
FREE!

Create your own Terrarium _____
1-4pm
\$7.00

February 27

CPR & First-Aid _____
9am-12pm
\$20.00

CHOPPED Challenge _____
1-4pm
\$10.00

*This workshop will be held at Willard Hall (UD)

Upcycling made EASY! _____
9am-12pm
FREE!

Name _____ Age _____

Address _____

E-mail _____ Phone _____

Please return registration and fee to:
**New Castle County 4-H Office, C/O Serena Conner, 461 Wyoming Rd.,
Room 131, Newark DE, 19716.**

Or, fax to **302.831.8934.**

Checks should be made payable to the University of Delaware.

Registration and fees are due by Wednesday, February 10, 2016