

National Youth Summit on Healthy Living

February 13-16, 2020

The Delaware 4-H Program will support two (2) Delaware 4-H youth and one (1) volunteer leader/staff chaperone to attend the National Youth Summit on Healthy Living. At the National Youth Summit on Healthy Living, high school students develop the knowledge and skills to address today's issues including nutrition education, physical fitness, wellness, and emotional well-being. National 4-H Council and National 4-H Conference Center have partnered with professionals in family consumer science and healthy living to host the National Youth Summit on Healthy Living.

Students are trained to create action plans to implement in their communities and teach other youth about what they have learned. The structure of the summits maximizes the amount of hands-on learning experiences and translates that learning to direct outcomes.

This Summit is open to any high school student in grades 9-12 as of September 2019.

Delaware 4-H members must complete an application to be considered to attend the conference.

This application is due to the State 4-H Office by December 15, 2019.

Mail or Fax application to:

State 4-H Office
531 S. College Avenue
113 Townsend Hall
Newark, DE 19716
Fax: 302-831-6758