Healthy Living Ambassadors

# Meeting Minutes

# August 26, 2014

## Opening

The regular meeting of the Healthy Living Ambassadors was called to order at 6:14pm in the Paradee Center by Leader Sequoia Rent.

## Present

Piper Biggs, Paula Wood, Christopher Wood, Jayla Harmon-Cannon, Natalie Buchmoyer, Autumn Wood, Mary Buchmoyer, Brittney Jarvis, Linda Jarvis, Keazia Farrow, Marie Biggs, and Sequoia Rent.

## Approval of Agenda

The agenda was unanimously approved as distributed.

## Approval of Minutes

Minutes were not completed, so vote was tabled until the September 30, 2014 meeting.

## Icebreaker

## Each person updated their progress on their goal for the past month and then for the next month. Also Name Pulse game was played. Walktober was discussed and Fitbit Zip and Runkeeper were shown and explained. Autumn, Ms. Sequoia, Jayla, Mary, Natalie, and Brittney will walk. A HLA page with photos will be created.

## Old/Unfinished Business

**Paradee Garden- Fall Garden** Fall plants are in the ground. Please share in the maintenance activities. The locations of all the gardens to be posted online.

**T-shirts**  We can order what we have if everyone is willing to pay $10 towards their t-shirt. If not, we will have to find a cheaper option. Most said they could pay the $10. Vote at next meeting.

**Fifer Orchards** Dates are Oct 11 and Nov 29. Mary and Linda, Natalie and Brittney will do Oct 11th. Jayla and Ms. Sequoia will do Nov 29th. Another youth and possibly an adult are needed.

**4-H Registration** New forms to be filled out today. Everyone must complete ASAP.

**Videography** More than 5 people were interested in the training. HLA meeting dates will be given.

**Officer elections** Interest: Chris (P), Brittney (VP), Jayla (Sec) Club officer training Oct 22.

## New Business

**UD vs. DSU** Sept. 6. We will meet and go up all who want. Forms and money due by Friday.

**IM40 Youth Advisory Council** Recruiting to happen with youth help. Please see Ms. Sequoia for more details. This is work.

**HLA Meeting dates** Sept. 30, Oct 28, Nov 25, Dec 16.

**KCG/KK Dinner at Paradee** Volunteers form completed for members. All in agreement to help with possible dinner.

**Kids Chef** Possible dates discussed and enrollment forms given. Need at least 5 youth to have the class.

**Maker Camp 2015** Voted yes to do it again.

**Dewey Goes Pink 2014** Will do this as a club for those interested. Sign-up online. Ms. Sequoia will set up group/team.

**Health Rocks trainer** Jayla volunteered to teach at William Henry Middle School.

## Activity Who’s the Leader tabled for now.

## Announcements None.

## Adjournment Motion to adjourn from Mary with a 2nd from Brittney. The motion passed with no objections. Leader Sequoia adjourned the meeting at 8:15pm.

Minutes submitted by: Jayla

Minutes typed by: Ms. Sequoia